



Enhanced Recovery and Wellness

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Enhanced Recovery and Wellness, LLC

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UNIQUE ENTITY ID: NQUUE1BJ6NV4

CAGE CODE: 98H42

Capability Statement

Woman Owned | Minority Owned

NAICS

621340 [Offices of Physical, Occupational, Speech Therapists, Audiologists]

611430 [Professional and Management Development Training]

611710 [Educational Consulting and Curriculum Development Services]

519130 [Broadcasting, Health Education Publishing, Special Interest Portals]

514613 [Digital and Print Media Marketing Consulting, Planning and Strategy]

Enhanced Recovery and Wellness, LLC is a women’s health and business consulting provider. We prioritize professional development training, healthcare optimization, and provide expert guidance as a partner in our client’s continued success. Our evidence-informed program, Enhanced Recovery After Delivery™ enables our partners to maximize maternal health outcomes throughout the continuum of care. We accelerate strategic partnerships to sustain women’s health and financial wellness.



Education

- Women’s Healthcare Optimization
- Sustainable Program Development
- Professional Skills and Collaboration
- Business Consulting and Expansion
- Health and Finance Literacy Training

Our Mission

Expanding early access to timely and innovative strategies to enhance women’s health and financial literacy.

Differentiators

- Proactive Healthcare Pathways
- Advancing Strategic Partnerships
- Engaging Leadership Development



Training Settings

- Hospital
- Community
- University



Enhanced Recovery and Wellness

Clinicians we train **excel** in care delivery and client satisfaction by fostering a culture that prioritizes mental health, function, and health equity

We Prepare Our Clinicians to Provide Timely Services

- Maternal health disparities
- High-risk pregnancy rehab
- Obstetric critical care
- Perinatal cardiac and pulmonary impairments
- Maternal hypertensive disorders
- Obstetric musculoskeletal and neuropathy impairments
- Cesarean section recovery and wound protection
- Function after perinatal loss



Our Signature Program



Enhanced Recovery After Delivery™

Clinicians Trained From These and Other Institutions

- Southeast Health, AL
- El Camino Health, CA
- UC Davis Health, CA
- Sharp Healthcare, CA
- Women's Advantage Men's Optimal Health Physical Therapy, CA
- Cedar's Sinai Medical Center, CA
- New York Presbyterian Morgan Stanley Children's Hospital, CT
- Boulder Community Health, CO
- UCHHealth, CO
- Northside Hospital, GA
- Memorial Medical Clinic, IL
- Northwestern Medicine, IL
- Indiana University, IN
- Massachusetts General Hospital, MA
- Lake Regional Health System, MO
- Advent Health Hospital, NC
- Atrium Health, NC
- Trinity Health, ND
- Mary Lanning Healthcare, NE
- Nebraska Medicine, NE
- Nebraska Methodist Hospital, NE
- Elliott Hospital, NH
- Guthrie, NY
- NYP Morgan Stanley Children's Hospital, NY



Our Vision

Occupational and physical therapy will be standard of care before and after birth to optimize mental and physical function.

- Good Samaritan Regional Medical Center, OR
- Women & Infants, RI
- Maury Regional Medical Center, TN
- Vanderbilt University Medical Center, TN
- Baptist Health System, TX
- Reston Hospital Center, VA
- Legacy Salmon Creek Medical Center, WA
- Marshfield Medical Center, WI