



## Enhanced Recovery and Wellness

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### Enhanced Recovery and Wellness, LLC

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**UNIQUE ENTITY ID:** NQUUE1BJ6NV4

**CAGE CODE:** 98H42

## Capability Statement

Woman Owned | Minority Owned

### NAICS

**621340** [Offices of Physical, Occupational, Speech Therapists, Audiologists]

**611430** [Professional and Management Development Training]

**611710** [Educational Consulting and Curriculum Development Services]

**519130** [Broadcasting, Health Education Publishing, Special Interest Portals]

**514613** [Digital and Print Media Marketing Consulting, Planning and Strategy]

Enhanced Recovery and Wellness, LLC is a pelvic health consulting and continuing education provider. We provide professional development training to establish rehabilitation as standard of care after birth, cancer diagnosis, and pelvic surgery. Our evidence-informed program, Enhanced Recovery After Delivery™ expedites recovery and function within 24 – 48 hours after birth. We accelerate preventative care pathways to optimize mental and physical health.



### Education

- Pre/Post-Surgical Rehabilitation
- Oncology and Lymphedema Therapy
- Pelvic Health Therapy
- Doula Support and Birth Recovery
- OB/GYN Rehabilitation

### Differentiators

- Specialized Rehabilitation Services
- Proactive Care Pathways
- Sustainable Program Development

### Our Mission

Expanding early access to timely and innovative women's health rehabilitation and pelvic therapy to maximize recovery and function.

### Training Settings

- Hospital
- Community
- University





## Enhanced Recovery and Wellness

Clinicians we train **excel** in care delivery and client satisfaction by fostering a culture that prioritizes mental health, function, and health equity

### We Prepare Our Clinicians to Provide Timely Services

- Maternal health disparities
- High-risk pregnancy rehab
- Obstetric critical care
- Perinatal cardiac and pulmonary impairments
- Maternal hypertensive disorders
- Obstetric musculoskeletal and neuropathy impairments
- Cesarean section recovery and wound protection
- Function after perinatal loss



### Our Signature Program



Enhanced Recovery After Delivery™

### Clinicians Trained From These and Other Institutions

- Southeast Health, AL
- El Camino Health, CA
- UC Davis Health, CA
- Sharp Healthcare, CA
- Women's Advantage Men's Optimal Health Physical Therapy, CA
- Cedar's Sinai Medical Center, CA
- New York Presbyterian Morgan Stanley Children's Hospital, CT
- Boulder Community Health, CO
- UCHHealth, CO
- Northside Hospital, GA
- Memorial Medical Clinic, IL
- Northwestern Medicine, IL
- Indiana University, IN
- Massachusetts General Hospital, MA
- Lake Regional Health System, MO
- Advent Health Hospital, NC
- Atrium Health, NC
- Trinity Health, ND
- Mary Lanning Healthcare, NE
- Nebraska Medicine, NE
- Nebraska Methodist Hospital, NE
- Elliott Hospital, NH
- Guthrie, NY
- NYP Morgan Stanley Children's Hospital, NY



### Our Vision

Occupational and physical therapy will be standard of care before and after birth to optimize mental and physical function.

- Good Samaritan Regional Medical Center, OR
- Women & Infants, RI
- Maury Regional Medical Center, TN
- Vanderbilt University Medical Center, TN
- Baptist Health System, TX
- Reston Hospital Center, VA
- Legacy Salmon Creek Medical Center, WA
- Marshfield Medical Center, WI